

CAROLE BREWER

Speaker, Author, Singer-Songwriter, & Podcast Host



1 Cor. 10:31

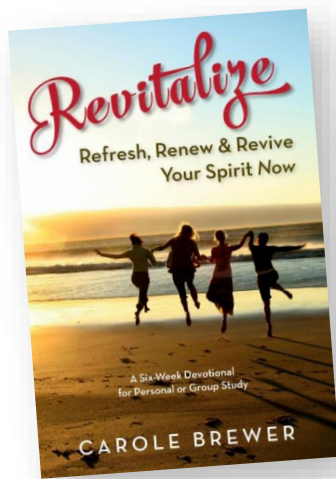
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Messages that

Revitalize
WOMEN

PRESS RELEASE

Carole Brewer's "REVITALIZE, REFRESH, RENEW & REVIVE YOUR SPIRIT Now"— Six-Week Women's Devotional for Personal or Group Study



Author, Speaker, Singer/Songwriter, and Bible Chicks Podcast Producer-Host, Carole Brewer's book "Revitalize" (*Carole Brewer Ministries, Fair Oaks, CA, USA, 2018*), is spiritual refreshment for all who navigate busy and demanding lives. Drawing from her own experiences, Brewer's 10-minute devotionals are a medley of stories, 102 scriptures, songs, and thought-provoking questions making it an effective formula for spiritual health and personal growth.

"Revitalizing our lives is needed today! The format of this interactive work encourages me to want to read this book, sharpen my focus, personally improve, and accept the blessing of daily revitalizing my life. The text is Godly, the action steps are open minded, and the power of God refreshing."
— **Thelma Wells, D.D.**, Professional Speaker and Mentor, Author of 41 published books, Core Speaker for Women of Faith for 22 years

"Carole Brewer's expertly written devotional is a refuge for the soul and a gift to the body of Christ." —
Deborah Smith Pegues, CPA/MBA, TV Host, Author of 30 Days to Taming Your Tongue and Emergency Prayers

ABOUT THE BOOK

"Revitalize, Refresh, Renew & Revive Your Spirit Now" (Carole Brewer Ministries), \$14.95 - Amazon.com/Author/CaroleBrewer; ISBN: 978-1-59079-407-4), by Carole Brewer, encourages a busy woman to re-consider what she believes about God and her relationship with Him. Her journey through "Revitalize" will take her to a new understanding of what it means to be a follower of Jesus Christ.

Why is "Revitalize" so needed today? Many women are confused by the extensive span of opinions and beliefs so prevalent in the media. Even a strong Christian can feel let-down and less courageous when faced with financial burdens, loss and grief, family and health issues, unfulfilled expectations, and the constant disturbing news in our world. When weariness, sadness, and deep hurts continue to weigh us down and make us numb, it's time to revitalize our spirit into a new season of joy!

So how does a woman revitalize her spirit after a painful loss or a dramatic upheaval in her life?

Carole’s book “Revitalize” delivers what it promises! *Day 1* of each week starts with an “Enlighten Up” story about one of Carole’s hilarious life-experiences. On *Days 2, 3, & 4*, Carole leads the reader in finding new ways to trust God, identifying the spiritual entanglers in her life, and re-discovering what God’s word says about her value as a woman. *Day 5* is a time to Surrender Pray, Arise in God’s presence; a spiritual SPA for the heart. With personal questions to ponder and thought-provoking questions to share with others, “Revitalize” helps women heal and step into the newness of life in Christ.

Carole’s offers encouragement to a weary heart in these “Ah-ha” moments.

- God gives us second chances over and over again
- Hydrate your passion with the Living Water
- SHORT stands for So Happy Our Redeemer Triumphs!
- Life trials can be cultivators for the heart
- God gives us power to do things we think we can’t.
- Jesus heals spiritual blind spots and out-of-focus thinking.
- Galatians 6:4 is a chain-breaking sledgehammer.
- My victorious life has no other explanation than His intervention and presence.

What others are saying:

“Revitalize, a refreshing wash of truth and inspiration. It will challenge you to grow your faith & trust in God.”
—*Jennifer Strickland, Former Model, Author of Beautiful Lies, Girl Perfect, and More Beautiful Than You Know*

“This devotional is a download from heaven. Carole is a gifted writer but what is different about this devotional is God’s signature is everywhere; without a doubt the Holy Spirit and Carole did this together.”
— *Maralee Dawn, Maralee Dawn Ministries, Valiant Women Society, Director Daystar TV Canada*

“We as women so desperately need spa days for our heart and spirit! ...a perfect book for a women’s study or personal devotional. —*Carol Doyel, Author, Speaker, Editor-in-Chief and Founder of LivingBetter50.com*

ABOUT THE AUTHOR

Carole Brewer is a writer, event speaker, singer/songwriter, and the producer/host of [BibleChicks](#), an upbeat podcast with extraordinary guests. Carole’s keynotes and music have resonated with church families and conference attendees in the U.S., Canada, Germany, Denmark, and Iceland. She has a B.A. in Music, an M.A. in Education, and has received awards for her work in teaching people with disabilities and for her service as a leader in Christian Women in Media Association ([CWIMA.org](#)). [More about Carole Brewer](#)

Carole Brewer is available for media interviews and guest columns in print and digital publications in the areas of Christian living, spiritual growth, women’s ministry, singing-voice training, and more.

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